

## **One Page Summary Examples**

### **Example #1 - Abstinence Education Programs**

#### **I. Project Summary:**

Youth Center is a partnership, which includes the Youth Services of Dallas County, Healthy Choice, Inc.; and Fort Worth City Schools Family and School Connections. The Family Resource Center will serve as the lead fiscal and administrative agency for this local, adolescent pregnancy prevention demonstration project. Targeting youth of all ethnicities from ages eleven to fifteen, this project will serve the Inner City region of Fort Worth, where, at over 49 and 36 births per 1000 respectively, the incidence of teen pregnancy is the highest in the county.

The goal of the Youth Center (YC) Project is to combine focused abstinence education with community youth development to motivate and reinforce positive youth behaviors as a means of enhancing resiliency in high-risk youth. The YC Prevention program will include two main components for youth: (A) Leadership Education Development, a combination of two previously separate components conducted by YC in the past OAPP grant cycle; the newly combined project offers over twenty hours of comprehensive youth development intervention in a weekly format; the program provides life skills and leadership development to middle school and high school youth; (B) After-School JAZZ, an abstinence only after school program for middle school youth which educates students on healthy behaviors, negative peer pressure resistance techniques, and helps teach adolescents the consequences of parenthood through use of the Sex Can Wait curriculum, infant simulators and presentations by adult role models. The programs meet the needs of preadolescents and adolescents with activities which develop leadership skills, create and actualize a vision for their future, demonstrate responsibility, promote skills to make positive choices and develop health behaviors and, in turn, increase resiliency.

## **EXAMPLE #2 – Care Program**

### **I. Summary**

- A.** The Ames Learning Academy proposes to implement a CARE Demonstration Project in collaboration with the Ames School District and other community based service agencies.
- B.** The Ames Learning Academy is a private non-profit agency with twelve years experience in operating family literacy programs in Ames' most disadvantaged areas.
- C.** The CARE Demonstration project is proposing to serve an urban geographic area.
- D.** The target population includes pregnant and parenting adolescents under 19 years of age, their infants, partners and families. The majority of the target population is African American (97%).
- E.** The PEC (Pregnancy, Education and Career Program) will enhance existing programs for pregnant and parenting adolescents and their families by improving coordination among community agencies.
- F.** The proposed project will provide comprehensive school-based programs designed to help pregnant and parenting adolescents graduate from school, obtain a GED, and increase the knowledge and practice positive, appropriate parenting skills and behaviors. The project will directly offer vital support services such as case management, parent support and education, and transportation. Indirect services will be provided through referral agencies and include: pregnancy testing and maternity counseling; primary and prevention health services, including prenatal and postnatal care; adoption information; vocational services; mental health services; and, counseling and referral services for family planning.